

DEPARTMENT OF HUMANITIES AND SOCIAL SCIENCES

Course Code	HSAU21
Course Title	Thought Lab
Number of Credits	2 (2L+0T)
Prerequisites (Course code)	----
Course Category	AUDIT COURSE (AU)

Semester: Odd/Even

Internal: 50 Marks

Total: 50 Marks

Course Objectives

- To introduce importance of mind power, meditation, positive thoughts etc.
- To have insights and experience of mind power, meditation, positive thoughts etc.
- To preserve and disseminate mind power, meditation, positive thoughts etc. for further research and societal applications.

S. N.	Name of Experiment
1	Providing impactful visualization of meditation using VR headset.
2	Measuring Human Energy filed, Health Status, Chakras Status using Aura Scan.
3	Wearable Xant device for mind waves study.
4	Giving Psychological access to all by using Mind Charger.
5	Measuring memory power using MPM tool.
6	Mind and Body detoxification practices.
7	For study of brain waves, Muse device.
8	Pulse oximeter, BP apparatus.
9	Understanding of Values using VIRTUESCOPE.

Course Outcomes

At the end of the Course, students will be able to:

- Learn the importance of mind power, meditation, positive thoughts etc.
- Gain proficiency in interdisciplinary aspects of mind power, meditation, positive thoughts etc.
- Learn mind power, meditation, positive thoughts etc for further research and societal applications.