

**Health Centre  
National Institute of Technology  
Kurukshetra-136119**

No. HC/2023/

Dated: 02.08.2023

**ADVISORY ON CONJUNCTIVITIES (EYE FLU) PREVENTION**

As we all know that, conjunctivitis (Eye Flu), or pink eye, is an irritation or inflammation of the conjunctiva, which covers the white part of the eyeball. It can be caused by allergies or a bacterial or viral infection. Conjunctivitis (Eye Flu) can be extremely contagious and is spread from person to person by contact with eye secretions from someone who is infected.

In this regards, all the students, faculty and staff are advised to follow precautions such as:

1. Avoid rubbing and touching eyes repeatedly.
2. Wash your hands frequently with soap, especially before and after touching potentially contaminated surfaces or eyes.
3. Use hand sanitizer before and after putting attendance on Biometric Machine. The same should also be done while handling other shared surfaces such as computer, keyboard and mouse.
4. Avoid sharing towels and handkerchiefs.
5. Visit Health Centre in case of redness, itching, pain, swelling or any discharge from eyes.

  
Senior Medical Officer

Copy to :

1. Heads of all the Departments/Sections
2. All Deans.
3. All Professor In-charge.
4. Chief Warden (Hostels) for circulation among the students.
5. Secretary to Registrar for kind information of the Registrar.
6. Secretary to Director for kind information of the Director.