

DEPARTMENT OF HUMANITIES & SOCIAL SCIENCES

Programme: Ph. D

Course Title: Clinical Psychology

Course Category: Pre-PhD Course Work

Course Code: HUT 717

Credits: 3 (L-3)

Semester: Odd/Even

Internal: 50 Marks

Theory: 50 Marks

Total: 100 Marks

Time: 3hrs

Course Objectives

To make the students aware of the applications of psychological concepts in various fields so that they understand the relevance of research in Clinical Psychology.

UNIT I

Psychopathology: Meaning, Criteria, Theoretical Approaches: Biological, Psychodynamic, Behavioural, Cognitive and Socio-cultural. Classification Systems: ICD and DSM

UNIT II

Nature and Evolution of Clinical Psychology. Roles, Ethics and Training of Clinical Psychologists. Clinical Assessment: Case History, Clinical Interviews, Observation. Personality Tests: Inventories, Projective Techniques, Intelligence Tests, Neuropsychological Assessment.

UNIT III

Clinical Patterns, Symptoms, and Causes: Anxiety-Based Disorder; Generalized Anxiety Disorder, Panic Disorder, Obsessive-Compulsive Disorder, Post-traumatic Disorder, and Phobias. Depression, bipolar disorder, and other mood disorders. Eating disorders. Personality disorders. Post-traumatic Stress Disorder. Behavioural and Emotional Disorders. Substance Abuse and Addiction: Alcoholism and Drug Addiction.

UNIT IV

Clinical Interventions: Nature, Goals, and Course of Psychotherapy. Psychoanalysis, Hypnosis, Transactional Analysis, Behaviour Therapy, Cognitive Therapy, Cognitive-Behaviour Therapy, Client-Centered Therapy. Biofeedback, Electroconvulsive therapy.

Course Outcomes

By completion of the course the students will be aware of the applications of psychological concepts in clinical fields and will be able to understand the relevance of research in Clinical Psychology.

Suggested readings

APA's (1996), Diagnostic and Statistical Manual – IV. New Delhi: Jaypee Brothers.

Carson, R.C., Butcher, T.M., and Susan, M. (2001). Abnormal Psychology and Modern Life (11th Ed.). New York: Harper Collins.

ICD – 10. Casebook: The Many Faces of Mental Disorders. New Delhi: Jaypee Brothers.

Irwin, B.W. (1976). Clinical Methods in Psychology. NY: Wiley Interscience.

Kaplan, H.I. and Sadock, B.J. (1983). Modern Synopsis of Psychiatry. Baltimore: Williams and Wilkins.

Kendall. (1980). Modern Clinical Psychology. NY: Wiley.

Kolb. L. C. and Brodic, H. K. H. (1982). Modern Clinical Psychiatry. (10th Ed.). London: Saunders.

Korchin, S. J. (1975). Modern Clinical Psychology. N.Y: Basic Books.

Shaffer, G. W. and Lazarus, L. S. (1952). Fundamental Concepts of Clinical Psychology.

Talbott, J. A. (1988). Textbook of Psychiatry. Washington: American Psychiatric Press.

Wolberg, L. R. (1988). The Techniques of Psychotherapy (Vol 1 & 2). London: Jason Aronson Inc.

Wolman, B. B. (1965). Handbook of Clinical Psychology, New York: Mc Graw Hill.