

DEPARTMENT OF HUMANITIES & SOCIAL SCIENCES

Programme: B. Tech (Minor in Psychology)

Course Title: Psychoanalysis

Course Category: Minor

Course Code: HSMP 301

Credits: 3 (L-3)

Semester: 5th

Course Objectives

To understand the fundamental concepts and theories related to personality & psychoanalysis and to explore techniques to uncover the unconscious mind.

Instructions for Examiner

The number of questions to be set will be five, one from each unit. The examinees will be required to attempt all five questions. All questions shall carry equal marks.

UNIT I

Meaning and Definition of Personality, Approaches of Personality, Different Types of Personality. Psychoanalysis, Sigmund Freud's Perspective of Personality, The Levels of Personality. The Structure of Personality

UNIT II

Anxiety: A Threat to the Ego, Reality Anxiety, Neurotic Anxiety. Difference between neurosis and Psychosis and Defense Mechanisms.

UNIT III

Freud's Stages of Development – Oral Stage, Anal Stage, Phallic Stage, Latency Period, Genital Stage. The Importance of Childhood in Personality Development

UNIT IV

Dream Analysis, Contents of Dream – Manifest Content, Latent Content. Projective Techniques, Free Association, Uncovering Conflicts.

Course Outcomes

At the end of the course, student will be able to gain a comprehensive understanding of the key concepts and theories related to personality and psychoanalysis. They will acquire the skills to explore techniques to uncover the unconscious mind.

References

1. Gabbard, G. O., Litowitz, B. E., & Williams, P. (2011). Textbook of Psychoanalysis. American Psychiatric Pub.
2. Freud, S. (2016). A General Introduction to Psychoanalysis. Create space Independent Publishing Platform.
3. Larsen, R., & Buss, D. (2017). Personality Psychology: Domains of Knowledge about Human Nature. McGraw-Hill Education.
4. Schultz, D., & Schultz, S. (2016). *Theories of Personality*. Cengage Learning.