DEPARTMENT OF HUMANITIES & SOCIAL SCIENCES
Programme: B. Tech (Minor in Psychology)
Course Title: Cyber Psychology

Course Category: Minor	**Internal: 50 Marks**
Course Code: HSMP 401	**Theory: 50 Marks**
Credits: 3 (L-3)	**Total: 100 Marks**
Semester: 7th	**Time: 3 hrs**

Course Objectives

To create awareness of appropriate digital interaction in cyberspace. It will also impart the core concepts and principles psychology with its application to cyberspace.

Instructions for Examiner

The number of questions to be set will be five, one from each unit. The examinees will be required to attempt all five questions. All questions shall carry equal marks.

Unit I

Meaning of Cyber Psychology and Cyberspace, Basic Psychological Features of Cyberspace, Social Psychology of Cyberspace, Unique Components of Internet Environment – Anonymity, Digital Interaction. Cyberspace and Personality, Integrating Online and Offline Living.

Unit II

Meaning and Definition of Online Community, Methods of Online Communication, Language in the Online World, Psychology of Text Relationships, Cyberspace Relations: Transient and Long-Term Relationships.The Social Consequences of Online Interactions.

Unit III

Social Psychology of Online Groups, Decision-Making Mechanisms in Online Environment, Managing Deviant Behavior in Cyberspace, Cyberbullying, Cybercrimes. Etiquette of Cyberspace, Positive Aspects of social media.

Unit IV

Importance of Mental Health in Cyberspace, Internet-Based Disorders – Gaming Disorder, Cyber Bullying, Cyber-sickness, Cyberchondria, Phantom Effect, Digital Depression, Internet Addictions, Nomophobia, Google Effect. Social Media and Cyberpsychology behaviors – Comparison and Low Self-Esteem, , Social Isolation and Ostracism, Negative Relationships, Fear of Missing Out (FOMO), Sleep Deprivation, Addictive Behaviors. Positive Correlates of Social Media Use.

Course Outcomes

At the end of the course, student will be able to develop awareness of appropriate digital interaction in cyberspace. It will also impart the understanding of the core concepts and principles of cyber psychology with its application.

References

1. Norman K.L.(2008).*Cyber psychology: An Introduction to Human-Computer Interaction.* Cambridge University Press
2. Riva, G. & Galimberti, C. (2001). *Towards Cyberpsychology: Mind, Cognitions and Society in the Internet Age*(Ed.)Amsterdam, IOS Press.
3. Aiken. M. (2016), *Cyber Effect: A Pioneering Cyberpsychology Explains How Human Behavior Changes Online.*John Murray- A Hachette UK Company.
4. Monica T. Whitty, &Garry Young (2016). Cyberpsychology: The Study of Individuals, Society and Digital Technologies. BPS textbook.