## NATIONAL INSTITUTE OF TECHNOLOGY KURUKSHETRA OFFICE OF THE THOUGHT LAB

No.TL/2025/30

Dated: 08.09.2025

## NOTICE

The Thought Lab of the institute is organizing an Expert Talk on "Success Sutras for College Life" by Mr. Mohit Kumar (IIT Roorkee Gold Medalist), Software Development Engineer on 11th September 2025 (Thursday) from 4:30 pm onwards in Jubilee Hall.

The session will focus on stress management, science of habit formation, time management, focus, self-discipline, and personality development.

All interested faculty members, staff, and students are cordially invited to attend the talk.

Coordinator, Thought Lab

## Copy To:

- 1. All Deans.
- All HoDs / School Coordinators with a request to circulate the notice among faculty, staff, and students of their Departments.
- 3. Chief Warden (Boys & Girls) with a request to circulate the notice among the students through Hostel Notice Boards.
- 4. Faculty-in-Charge (Website) with a request to upload the notice on the Institute website
- 5. Assistant Registrar to Director for kind information of the Director.
- 6. PS to the Registrar I/c for kind information of the Registrar I/c.