

**NATIONAL INSTITUTE OF TECHNOLOGY KURUKSHETRA
OFFICE OF THE THOUGHT LAB**

No.TL/2026/130

Dated: 08.09.2026

NOTICE

The Thought Lab, NIT Kurukshetra, is organizing an **Expert Talk on “Power of Habits”** by **Mr. Aditya Jha (IIT Roorkee Alumnus), Senior Application Engineer, Oracle India.**

The session will be held on Wednesday, 9th September 2026, from 4:30 PM onwards at Jubilee Hall.

The talk will focus on the science of habit formation, self-discipline, focus, time management, and personality development, along with the role of small daily habits in achieving personal, academic, and professional success and their long-term impact.

All faculty members, staff members, research scholars, and students are cordially invited to attend the session and benefit from the expert interaction.


Coordinator, Thought Lab

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2. All HoDs / School Coordinators with a request to circulate the notice among faculty, staff, and students of their Departments.
3. Chief Warden (Boys & Girls) with a request to circulate the notice among the students through Hostel Notice Boards.
4. Faculty-in-Charge (Website) with a request to upload the notice on the Institute website.
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